



Principal's Message

Friday, 28th June 2024

Dear Families,

A Growth Mindset & Hope

The concept of a Growth Mindset was developed by Psychologist Carol Dweck in her book *Mindset: The New Psychology of Success*.

A Growth Mindset (as opposed to a 'Fixed Mindset') is one where people believe that their abilities can be developed through dedication and hard work. Students who embrace growth mindsets believe they can become 'smarter' if they work hard and persevere. They may learn more, learn it more quickly and view challenges and failures as opportunities to improve their learning.

What does thriving look like for you?

Take a moment to think about your mindset. In simple terms, you have just three possibilities regardless of where you find yourself in life:

- A future where you're worse off
- A future where you minimise the impact
- A future where you're better off

So in all these difficult times successful people are seeing this as an opportunity to challenge themselves and learn new skills and capabilities. They are choosing to THRIVE.

Which possibility are you choosing?

The research consistently states that students with higher levels of HOPE experience improved mental and physical health as well as academic outcomes.

Staff News

We say farewell to Kiara Pellicone who commences maternity leave at the end of this term. Sonia Ghimire, who worked in our school last year, will be teaching in G2 on Monday and Wednesday - Friday and Kirsty Fallon will work on Tuesday.

On behalf of the Angle Vale Primary School Community I wish Kiara and her partner Tyler all the very best in this exciting time of their lives.

A warm welcome also to Leanne Lister, who will be working on Fridays in A6 with the Mid-Year Reception students.



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Honesty, Respect, Confidence, Resilience





Principal's Message Cont.

Casual Day – Smile for Sammy Day

Don't forget that the last day of term (Friday 5th July) is Smile for Sammy Day, a casual day with gold coin donations helping to raise funds for the Childhood Cancer Association.



Reflecting on Term 2

It has been another productive and rewarding term for students and staff. As site leader, it is great to see the wide range of learning programs and activities provided for our students. I thank our staff for their time and hard work in providing learning programs and activities that engage and challenge students.

Some of the highlights of Term 2 include :

- Year 6 Arbury Park camp
- Reconciliation Week, an opportunity to learn about our shared histories, cultures and achievements
- Further improvements to school facilities, including replacement of pavers and concreting of path edges
- Targeted professional learning on Pupil Free Day to enhance teacher and SSO capacity in delivering SA Curriculum and Language Comprehension
- SAPSASA Knockout Netball and Soccer - fantastic representation from students!
- Mother's Day stall
- Swimming
- Dental 4 Schools

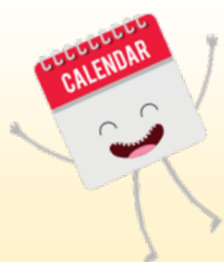
I wish you and your children a safe July School holiday break. Hopefully you are able to spend some quality time together as a family.

See you all again on Monday, 22nd July.

Kind regards,
David



Dates to Remember



Student Reports Sent Home
Thursday 4th July

Last Day of Term 2
Friday 5th July
2:15pm Early Dismissal

Casual Day
'Smile for Sammy Day'
Friday 5th July

Term 3 Begins
Monday 22nd July

Waikerie Pie Drive Order Forms Sent Home
Monday 29th July

Book Week "Reading is Magic"
Monday 19th - Friday 30th August

Father's Day Stall
Monday 28th & Tuesday 29th August

School Photos
Monday 9th September

Sports Day
Thursday 26th September

Yard Play Area

This semester our students have loved playing in our shared sandpit space. Earlier in the year, fresh sand was added, and we have been introducing new toys for them to play with throughout the term. It has been great to watch them in this shared space develop many new skills which will help them become lifelong learners. We have seen them learn to be inclusive, self-regulate and develop conflict management and resolution skills. It has been wonderful to see all the new friendships that have been created while sharing this space.





Charlie Chambers Jnr.
Aboriginal Jarowair man
Charlie Chambers (Jnr) is an Australian Aboriginal artist belonging to the Jarowair tribe from the Toowoomba, Dalby and Bunya mountain region. "When I was young, I would sit with my elders and listen to these Dreamtime stories, but the stories would go in one ear and out the other. It was when I got older that I started to think about these stories and start painting them". "The main reason I love painting is to keep the stories that the elders told me about the community alive".

In the centre we have the circle that represents strength of women in the community. It represents all women and their connection to helping out their community, while still being able to focus on their children as well. Charlie respects all women: his wife, nan, mum, aunties, sisters, daughters and granddaughters in his life. They gave him strength in life to be the man he is today. Without their strength and wisdom, it would be a tough world to live in today.

<https://www.naidoc.org.au/get-involved/naidoc-week-events/naidoc-week-nancy-bates-leni>



Healthy Recipe Ideas



1.2 kg butternut pumpkin, deseeded, peeled, cut into 6cm pieces
1 large onion, sliced
3 garlic cloves
2 reduced-salt vegetable stock cubes*
½ cup reduced-fat natural yoghurt
Black pepper, ground



Method

Step 1

Add the pumpkin, onion, garlic, stock cubes and 1L water to a large pot. Bring to the boil and then reduce heat to medium and simmer, covered, for 20 minutes or until pumpkin is tender.

Step 2

Remove from the heat and use a stick blender to blend until smooth. Season with pepper.

Step 3

Return to the heat, cover and bring to the boil. Divide among bowls and swirl through 1 tablespoon yoghurt in each bowl.

Serving suggestions:

For a spiced variation, before step 1, add 1 teaspoon olive oil, 1 teaspoon ground cumin, 1 teaspoon ground coriander and ¼ tsp dried chilli flakes to the pot and fry for 1 minute or until fragrant. Continue from Step 1.

<https://healthymadetasty.com.au/recipes>





Leadership Awards

A1 Zadie

A2 Abby

A4 Kosta

A5 Harley

G2 Charlotte

G3 Kayla

G5 Summer

G6 Mason

M1 Jack

M2 Eden

Yard Hero Awards

A2 Jackson

A4 John

G4 Mason



Golden Bin Awards

A4 Marlee

G5 Leila

A1 Savannah

